International Index of Erectile Function
Questionnaire
IIEF

Instructions: These questions ask about the effects your erections have had on your sex life, over the past 4 weeks. Please answer the following questions as honestly and clearly as possible. In answering these questions, the following definitions apply:

Definitions:

*Sexual activity* includes intercourse, caressing, foreplay and masturbation

*Sexual intercourse* is defined as vaginal penetration of the partner (you entered the partner)

*Sexual stimulation* includes situations like foreplay with a partner, looking at erotic pictures, etc.

*Ejaculate* is defined as the ejection of semen from the penis (or the feeling of this)

International Index of Erectile Function (IIEF) Questionnaire*

Name:_____________________________ Date:________________________________

(Write the number that best describes your erectile function for the past 4 weeks in the spaces provided.)

**Over the past four weeks:**

1. How often were you able to get an erection during sexual activity? ________

   0 = No sexual activity
   1 = Almost never/never
   2 = A few times (much less than half the time)
   3 = Sometimes (about half the time)
   4 = Most times (much more than half the time)
   5 = Almost always/always

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration? ________

   0 = No sexual activity
   1 = Almost never/never
   2 = A few times (much less than half the time)
   3 = Sometimes (about half the time)
   4 = Most times (much more than half the time)
   5 = Almost always/always

3. When you attempted sexual intercourse, how often were you able to penetrate (enter) your partner? ________

   0 = Did not attempt intercourse
   1 = Almost never/never
   2 = A few times (much less than half the time)
   3 = Sometimes (about half the time)
   4 = Most times (much more than half the time)
4. During intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner? _______

5 = Almost always/always

1 = Almost never/never

2 = A few times (much less than half the time)

3 = Sometimes (about half the time)

4 = Most times (much more than half the time)

0 = Did not attempt intercourse

5. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse? _______

0 = Did not attempt intercourse

1 = Extremely difficult

2 = Very difficult

3 = Difficult

4 = Slightly difficult

5 = Not difficult

6. How many times have you attempted sexual intercourse? _______

0 = No attempts

1 = One to two attempts

2 = Three to four attempts

3 = Five to six attempts

4 = Seven to ten attempts

5 = Eleven or more attempts

7. When you attempted sexual intercourse, how often was it satisfactory for you? _______

0 = Did not attempt intercourse

1 = Almost never/never

2 = A few times (much less than half the time)

3 = Sometimes (about half the time)

4 = Most times (much more than half the time)

5 = Almost always/always

8. How much have you enjoyed sexual intercourse? _______

0 = No intercourse

1 = No enjoyment

2 = Not very enjoyable

3 = Fairly enjoyable

4 = Highly enjoyable

5 = Very highly enjoyable

9. When you had sexual stimulation or intercourse, how often did you ejaculate? _______

0 = No sexual stimulation/intercourse

1 = Almost never/never

2 = A few times (much less than half the time)

3 = Sometimes (about half the time)

4 = Most times (much more than half the time)

5 = Almost always/always

10. When you had sexual stimulation or intercourse, how often did you have the feeling of orgasm or climax? _______

0 = No sexual stimulation/intercourse

1 = Almost never/never

2 = A few times (much less than half the time)

3 = Sometimes (about half the time)

4 = Most times (much more than half the time)

5 = Almost always/always

11. How often have you felt sexual desire? _______

1 = Almost never/never

2 = A few times (much less than half the time)
12. How would you rate your sexual desire?
_____  
1 = Very low/none at all  
2 = Low  
3 = Moderate  
4 = High  
5 = Very high

13. How satisfied have you been with your overall sex life? ________
1 = Very dissatisfied  
2 = Moderately dissatisfied  
3 = About equally satisfied and dissatisfied  
4 = Moderately satisfied  
5 = Very satisfied

14. How satisfied have you been with your sexual relationship with your partner? _______
1 = Very dissatisfied  
2 = Moderately dissatisfied  
3 = About equally satisfied and dissatisfied  
4 = Moderately satisfied  
5 = Very satisfied

15. How would you rate your confidence that you could get and keep an erection? ______
1 = Very low  
2 = Low  
3 = Moderate  
4 = High  
5 = Very high

All items are scored in 5 domains as follows:

<table>
<thead>
<tr>
<th>Domain Score</th>
<th>Items</th>
<th>Range</th>
<th>Score Max</th>
</tr>
</thead>
<tbody>
<tr>
<td>Erectile Function</td>
<td>1, 2, 3, 4, 5, 15</td>
<td>0-5</td>
<td>30</td>
</tr>
<tr>
<td>Orgasmic Function</td>
<td>9, 10</td>
<td>0-5</td>
<td>10</td>
</tr>
<tr>
<td>Sexual Desire</td>
<td>11, 12</td>
<td>0-5</td>
<td>10</td>
</tr>
<tr>
<td>Intercourse Satisfaction</td>
<td>6, 7, 8</td>
<td>0-5</td>
<td>15</td>
</tr>
<tr>
<td>Overall Satisfaction</td>
<td>13, 14</td>
<td>0-5</td>
<td>10</td>
</tr>
</tbody>
</table>

I. Erectile function total scores can be interpreted as follows:

<table>
<thead>
<tr>
<th>Score</th>
<th>Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-6</td>
<td>Severe dysfunction</td>
</tr>
<tr>
<td>7-12</td>
<td>Moderate dysfunction</td>
</tr>
<tr>
<td></td>
<td>Mild to moderate</td>
</tr>
<tr>
<td>13-18</td>
<td>Mild to moderate</td>
</tr>
<tr>
<td></td>
<td>Very high</td>
</tr>
</tbody>
</table>

3 = Sometimes (about half the time)  
4 = Most times (much more than half the time)  
5 = Almost always/always
19-24 Mild dysfunction
25-30 No dysfunction

II. Orgasmic function total scores can be interpreted as follows:

<table>
<thead>
<tr>
<th>Score</th>
<th>Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-2</td>
<td>Severe</td>
</tr>
<tr>
<td>3-4</td>
<td>dysfunction</td>
</tr>
<tr>
<td></td>
<td>Moderate</td>
</tr>
<tr>
<td>5-6</td>
<td>dysfunction</td>
</tr>
<tr>
<td></td>
<td>Mild to moderate</td>
</tr>
<tr>
<td>7-8</td>
<td>Mild dysfunction</td>
</tr>
<tr>
<td>9-10</td>
<td>No dysfunction</td>
</tr>
</tbody>
</table>

III. Sexual desire total scores can be interpreted as follows:

<table>
<thead>
<tr>
<th>Score</th>
<th>Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-2</td>
<td>Severe</td>
</tr>
<tr>
<td>3-4</td>
<td>dysfunction</td>
</tr>
<tr>
<td></td>
<td>Moderate</td>
</tr>
<tr>
<td>5-6</td>
<td>dysfunction</td>
</tr>
<tr>
<td></td>
<td>Mild to moderate</td>
</tr>
<tr>
<td>7-8</td>
<td>Mild dysfunction</td>
</tr>
<tr>
<td>9-10</td>
<td>No dysfunction</td>
</tr>
</tbody>
</table>

IV. Intercourse satisfaction total scores can be interpreted as follows:

<table>
<thead>
<tr>
<th>Score</th>
<th>Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
V. Overall satisfaction total scores can be interpreted as follows:

<table>
<thead>
<tr>
<th>Score</th>
<th>Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-2</td>
<td>Severe dysfunction</td>
</tr>
<tr>
<td>3-4</td>
<td>Moderate dysfunction</td>
</tr>
<tr>
<td>5-6</td>
<td>Mild to moderate dysfunction</td>
</tr>
<tr>
<td>7-8</td>
<td>Mild dysfunction</td>
</tr>
<tr>
<td>9-10</td>
<td>No dysfunction</td>
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</tbody>
</table>